



United Lutheran Church

104 Bjornson Drive Cavalier, ND 58220
cavalierunitedlutheran.org

Our Mission: To worship and learn in Christian Community in order to be equipped to serve and witness.

A Shared Experience

What comes to mind when you hear the word *Pentecost*? Many people think of a mighty wind, tongues of fire and multiple languages. But Acts 2 begins with another detail that's just as key: Jesus' disciples "were all together in one place." Because they were together physically and spiritually, the early believers didn't miss the life-changing, world-changing birth of the Church.



The pandemic, while changing our definition of gathering, also highlighted our need for interaction. If Jesus' first followers hadn't been assembled on Pentecost, they would've missed the outpouring of God's power and the indescribable joy God had for them. Think about what believers today might miss if we neglect to worship with other friends of Christ. Who would want to miss God's blessings, promises and joy?

Loving an EGR

During a conversation over coffee, a friend mentioned an "EGR." I had to interrupt and ask for a definition: Extra Grace Required — in other words, people who can seem tough to love. Often, they're the most in *need* of love because they're hurting. Perhaps Jesus was referring to EGRs when he said, "If you love only those who love you, what reward is there for that? Even corrupt tax collectors do that much" (Matthew 5:46, NLT).



Truly loving others — even EGRs — might not be as tough as we think. Simple gestures such as smiling, truly listening, sending a note or extending an invitation go a long way toward expressing care and softening hearts.

At times, we all require extra grace. Thankfully, God has an unlimited amount to extend *to* us and then *through* us. Out of joy, we can find ways — even simple ones — to share God's grace and love with people who need it.

—Janna Firestone

“I have called you by name, you are mine.” Isaiah 43:1

It has been a tough year, actually over a year that we have dealt with this pandemic and all of the issues associated with it. We have had to navigate lockdowns, not being able to see family and friends, figuring out how to worship together even as we are apart. And even though things seem to be getting a bit better, there still is so much uncertainty that we have to deal with. And if a pandemic isn't enough, our nation has been in a bit of an upheaval for a while. There seems to be so much going on all of the time it makes one want to simply withdraw from it all. Added to all of this is the stress of daily living, many of us juggling more than we thought we could handle such as caring for loved ones, illness or other issues we might face on a day-to-day basis. As a result, our mental health has suffered. It is easy to feel helpless and hopeless under these circumstances. Some of you might be feeling very depressed or even suicidal.

This church is a place where I hope any who are feeling desperate or hopeless feel comfortable enough to turn to for understanding and help. We are here to remind you of God's love and God's promises and will walk with you through your struggles. You are loved, you are held no matter how dark the road. We all need to be reminded of that. One of the ways that we are hoping will help with your journey is a workshop that we will be offering that will help us discuss the difficult issues of mental health and particularly suicide. The workshop is for any who have had such thoughts, who love someone who has had such thoughts, who has died by suicide, or for those who simply wish to learn how to help. The workshop will be held **May 19th: Youth session (ages 7th-12th grade) from 6pm-7:30pm and Adult session from 7:45-9:15pm.** The workshop entitled **“Soul Shop Workshop”** will be held in the fellowship hall and is open to the community. In addition to the workshop, there will be prayer stations in the church along with people available for individual conversation and prayer. It is free and open to the public.

Our mission at United Lutheran is to help you find mental and spiritual wellness. Together as the people of God, we walk with each other on our journey, helping each other to see the presence of God surrounding us and the peace of Christ enfolding us.

Pastor Bill



GRADUATION SUNDAY
*Honoring
 Our Students*

United Lutheran Church seniors are Gretchen Dungan, Logan Fitzsimonds, Natalie Hunter, Grant Johnson, Laney LeTexier, Emily Morton, Justine Peterson, Samuel Steele, Chloe Walton & Leah Wood.

Special Service

Sunday, May 23

9:00am

All are welcome to join us for worship & help celebrate the class of 2021!



Leah Mae Wood, daughter of Michael and Janet Wood. They are excited to announce Leah is graduating from Cavalier High School on May 30, 2021. Leah will miss her friends, teachers, and especially Cheerleading at all the games. Leah will leave behind her best in show artwork



"Jamaican Woman" in the Cavalier Art Gallery. Leah really enjoyed working with the children at United Lutheran Church. She taught Sunday School and helped with many VBS events and programs. Leah has also volunteered at the Cavalier Thrift Store. She will be working this summer at Thompson's Cafe to prepare for her new journey in the fall. Leah has plans to continue her education at Joseph's School of Cosmetology in Grand Forks. We are so proud of the woman she has become and all her accomplishments. Congratulations Leah!!



Laney Lynn LeTexier, daughter of Les and Lisa LeTexier, will graduate with honors from Cavalier High School on May 30. During High School Laney has been active in national honor society, volleyball, basketball, softball, yearbook, 4-H, Pembina County Junior Leaders and Pembina County Exchange. Laney plans on attending Northeast Community and Technical College in East Grand Forks to study Nursing.



Grant Johnson, son of Christopher Johnson and Jennifer and Alan Peterson. Grant will be graduating from Cavalier Public High School Sunday, May 30. Grant has been very active helping on the family farm and also has worked at the local grocery store for the past 4 years. This summer he will continue to work on the farm and will attend Lake Region State College this fall earning a Degree in Ag Precision.

United Lutheran Church Class of 2021

Chloe Walton, daughter of Barry and Lisa Walton, will be graduating from Cavalier High School on May 30, 2021.

Chloe was active in FBLA, volleyball, and softball this year.

She will be attending Minnesota State Community and Technical College in Moorhead in the fall to major in business.



Natalie Hunter, daughter of Christopher and Rebecca Hunter, will be graduating from Cavalier High School on May 30, 2021.

Natalie was active in FBLA, volleyball, and cheerleading this year.

She will work at the pool this summer and attend NDSU in the fall to major in marketing and minor in business administration.



Emily Morton, daughter of Lisa Morton and Kurt Morton will graduate from Cavalier High School on May 30.

Emily has been busy while in the Cavalier community, with dog walking, working at the bowling alley and Bjornson's.

During her high school days Emily played volleyball, ran track, participated in river watch, volunteered at Vacation Bible School and also taught Sunday School.

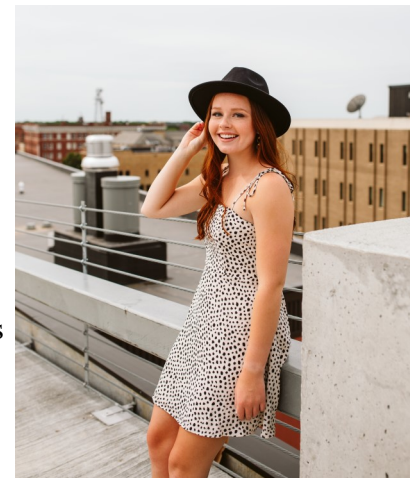
After graduation Emily will be attending Bemidji State University majoring in Social Work with a minor in Criminal Justice. Congratulations, Emily!



Justine Peterson, daughter of Jay and Julie Peterson, is graduating from Cavalier High School on May 30.

Justine has been very active in her community throughout her years of high school. She taught Sunday School and participated in FBLA and volleyball.

Justine is attending NDSU this fall and will be majoring in nursing.



Gretchen Dungan, is the daughter of John and JoDee Dungan. While in high school, Gretchen was involved in many activities including cheerleading, band, choir, FBLA, Science Olympiad, River Watch, 4-H, and also served on the Mayor's Youth Council.

Following graduation, Gretchen will be attending Mayville State University to pursue a degree in Elementary Education.



Samuel Cody Steele, is the son of Cody & Melanie Steele. Sam will be attending NDSU-Wahpeton for diesel technology in the fall.

We're excited to see what God has in store for Sam's future!

All are welcome to attend Sam's open house on Saturday, May 29 from 2-4 pm at ULC.





Logan Fitzsimonds, eldest son of Ryan and Christin Fitzsimonds will graduate from Cavalier High School on Sunday May 30. Ever since he was a young boy, Logan has spent every minute possible at the family farm. His love for farming has ultimately led him to decide to work fulltime at the farm after graduation. Logan will be the 4th generation of the family to take part in the farming operation.

Seeking Foster Homes!

Foster homes are needed in our area. Needs are especially high for families that are interested in caring for older children and teens, children with increased behavioral needs, sibling groups, and homes that have Native American heritage. Please contact the ND Foster Care Inquiry Line at 1-8330378-4663/1-833-FST-HOME or email sheila.muus@und.edu or contact your local social services agency at (701) 265-8441.




Save the Date: **OFF THE CHARTS** *August 21 & 22!* **MUSIC FESTIVAL**

‘Off The Charts’ is looking for Prayer Team members! If you are passionate about prayer and about sharing the Good News of Jesus, please reach out to Tori - her information is listed below.

She would love to have you on board and is excited to give anyone who is interested more details when they reach out to her.

Thank you and God bless!

Tori Morrison
(701) 520-9986



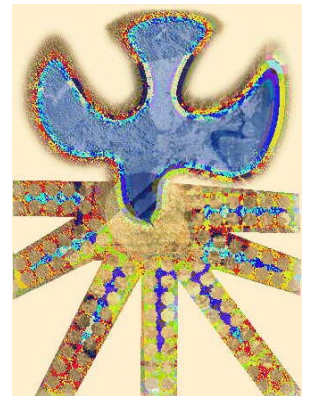
Open House Baby Shower
for Brooke Foerster & Baby Boy.
Saturday, May 8, 2021
from 11 am - 1 pm at ULC.
Brooke is registered at Amazon.

A Reading from Christ in Our Home

May 1
John 14:8-14

Philip and James, Apostles
[Jesus said,] “The one who believes in me will also do the works that I do.” (v.12)

The one who believes in Jesus is entrusted with the work of Jesus. That included Philip and James, apostles remembered today. And it includes you and me, and lots of other folk!



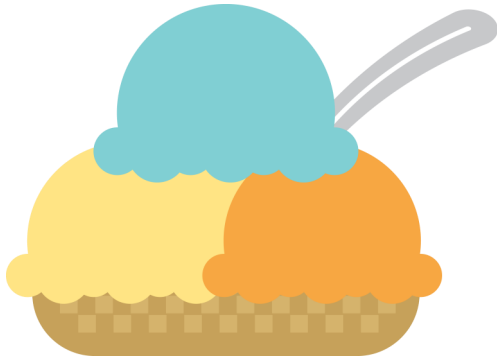
When Jesus walked this earth, he helped people one day at a time, one person at a time. We can do that. We don’t have to miraculously cure ailments or feed more than five thousand people at once. A kind, word, a helping hand, a few dollars may not seem like much. But consider a whole community of believers, and a community of communities, all doing the works Jesus did. One by one, they add up!

Risky? For sure. When I was first entrusted with the family car, it didn’t go well. I hit our mailbox. But my parents kept trusting me. Likewise, even when we don’t handle things perfectly, Jesus trusts us with the responsibility of making life better for everyone we can by living out his love in the world.

How remarkable to follow in the footsteps of Philip and James in doing the work of Jesus.

Prayer: Trusting God, give me courage and faith to do the work of Jesus. In his name. Amen.

Prayer concern: Pastors who equip and encourage
Psalm 44:1-3, 20-26; Isaiah 30:18-21; 2 Corinthians 4:1-6



Sundae Sunday ~ Sunday, May 9

All are welcome to join us as we celebrate the last day of Sunday School for the 2020-2021 year.

Ice Cream Sundaes will be served after worship in the fellowship hall.

Thank you to our incredible Education Committee, volunteers and Pastor Beth for all your hard work and dedication to our program and keeping in-person Sunday School going this year. You are appreciated!



Dear ULC Women,
Thank you for thinking of me and the beautiful cross. It is greatly appreciated.
Whitney Helgoe

United Lutheran Sunday School,
Thank you for your continued support of the L.O.A.N. program.
With your help we have assisted 220+ since August 1st.
Blessings,
Love One Another Now

Thank you to our 'Meals on Wheels' volunteers: Susan Vivatson, Pat Davidson, Judy Thomasson, Les & Barb Puppe, Lee Menzies, Chris Puppe, Garnet & Kaye Furstenuau, Sandy Estad and Carol Beard.

Your amazing generosity and dedication are appreciated.

Children's Ministry News

Remind App for Sunday School & Confirmation

All Sunday School & confirmation updates will be sent via the Remind app. If you are not on the Sunday School group please join using code @ace87 -- Confirmation code is @d9ffgc.

Offering is collected from the Sunday School students each Sunday. This year our Sunday School offering will be donated to the L.O.A.N. program. The total amount raised so far this year is \$242.32.

Join the Prayer Chain



Join the Prayer Chain: We welcome you to join our prayer chain so you can pray for the requests that we receive. You can also add your own requests so we can pray for you. We only ask that you keep requests confidential and that you use good manners when communicating with others. Please contact the church office if you are interested in joining.

Request Prayer: We would be happy to pray for your request. You can choose to remain anonymous or you can provide your information so members can contact you and provide encouragement.



The Cavalier Food Pantry is located on Main Street in Cavalier.

Items needed:

- Beef or Chicken Ramen Noodles*
- Frosting for cake/cupcakes*
- Fruit Snacks or something for the kids*

Lost & Found



Please take a moment to look in our coat room if you have any missing bakeware, Tupperware, gloves, coffee mugs or hats.

There are 50th Anniversary United Lutheran Church Christmas ornaments if you would like one as a keepsake.

Faith & Care - Group B

**Einar Abrahamson	265-4186
Allen & Cindy Anderson	265-3759
Shaun & Sarah Anderson	657-2353
Tom Askew	265-8975
Carol Beard	265-8076
Thomas & Gretta Beard	265-8076
David & JoAnn Carik	265-3151
Larry & Cindy DuBois	265-3166
John & JoDee Dungan	265-4650
Cheryl Foseide	265-4574
+Chase & Tiffany Furstenau	265-3136
Dennis Hartje	265-8218
Edwin & Delores Heuchert	265-8916
Steve & Margaret Bjornson Holm	265-4805
Chris & Rebecca Hunter	265-4993
Phyllis Jackson	265-4181
Dean Latozke & Alisha Schulz	213-8570
Brady & Kristen Laxdal	218-791-2288
Dennis & Pat Morrison	265-2165
Daniel Morrison	265-2165
Daniel Nordstrom	265-4726
+Drew & Samantha Olafson	265-4666
Diane Peterson	520-4255
Jay & Julie Peterson	265-8592
**Herman Ratchenski	265-8176
Curtis & Lorri Sapa	265-4780
Brandon & Carmen Stanhope	520-1665
Michael & Maryilyn Yanish	741-3107

+ Co-Chairperson
 **Honorary Member

Attendance & Stewardship Statistics

Date	Offering	Building	S.S.	Misc.	Endowment
March					
21	\$1,480.00	\$50.00	\$22.78	\$250.00	
24	\$1,258.00	\$10.00		\$100.00	\$25.00 Memorials \$1,820.00
28	\$1,785.00		\$46.00	\$15.00	\$20.00
Direct Deposit Offering for March: \$5,110.00					
NO = Noisy Offering					
April					
1	\$1,526.00			\$10.00	
2	\$372.00				
4	\$4,795.50	\$157.50			
11	\$2,004.00	\$395.00	\$5.00		

**UNITED LUTHERAN CHURCH
COUNCIL MINUTES
Tuesday, March 9, 2021 – 6:00 pm**

Members Present: Pastor Beth Peterson, President Jordan Sagert, Vice President Alex Cull, Secretary Katie Werner, Holly Stegman, Keith Hartz, John Dungan, Ralph Byron, Chelsey Kemnitz.

Members Absent: LeRae Hartz

Open with Prayer and Devotions – Pastor Beth opened with an excerpt from the *Living Lutheran* magazine.

Minutes – Motion by Keith with a second by Chelsey to approve the meeting minutes from February 9th. Motion carried.

Treasurer’s Report – Jered and Missy were absent from the meeting but submitted their report with a note questioning where to deposit funds from mug sales. Motion made by Katie with a second by Holly to direct funds to worship & music and to accept the treasurer’s report as submitted; Motion carried. It was also noted that the Thrift Store insurance refund was received.

Pastor Beth’s Report – Women’s Bible study being held on Wednesday’s. First communion meetings have also begun. Returned to Country Estates and gave communion. Will return to the nursing home next week. More information to come regarding mental health awareness discussions.

Youth & Education – Discussion held regarding moving Sunday school to Wednesdays. The congregation will be surveyed for input. VBS has been scheduled for June 1-4th. Kelli Vivatson is the chairperson.

Worship & Music – Piano has been tuned. Upcoming meeting on Thursday to plan for Holy week. Eric Dietrich organizing a men’s choir to sing for Easter. Services on Maundy Thursday and Good Friday at 7 pm; Easter Sunday at 7 am and 9am.

Parish Life – No report

Stewardship – Alex reported on his Venmo research. Discussion held. Motion by Ralph with a second by Holly to pursue setting up a Venmo account. Motion carried. Holly, Alex, Jordan, and Brittany will work on implementing this.

Property and Grounds – The Foerster’s will be doing the mowing again this summer at the same rate of pay. Pastor Beth provided a list of lights that need replacing throughout the church. Discussion held regarding the water fountain. May incorporate removal with the kitchen remodel in the future. Will look for volunteers to assist with outside cleanup this Spring.

OLD BUSINESS:

Window – Ralph and Ed Heuchert will look at it.

Youth Director – Chuck Olmstead has agreed to meet to have a conversation about the position. A meeting will be set up with Pastor Beth, Jordan, and Katie.

NEW BUSINESS:

Sheri Steiger and Rhonda Schweitzer have taken the janitorial position. Brittany has researched the cost of supplies. Motion by Ralph with a second by Katie to obtain a ULC membership to Sam’s Club for supplies. Look at local options when possible. Motion carried.

Motion by Keith with a second by Alex to lease 2 additional routers from Polar allowing for Wi-Fi capability and omitting cords in walkways. Motion carried. Office router owned by ULC will also remain.

Planning on serving coffee on Easter Sunday at and between services. Mugs will be available for purchase.

The band will play and we will have treats!

Keith suggested changing the church start time to 9:30 a.m. The question will be presented to the congregation in a survey along with the Wednesday weekday school option.

Communion Assist:

April 1st – Chelsey Kemnitz

April 4th – Ralph (7 am service)

Katie (9 am service)

April 18th – LeRae

Next meeting will be held April 13th at 6:00 p.m.

Respectfully submitted, Katie Werner, Secretary



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>Mondays are Pastor Beth's day off</i>					1
2 9 am Communion Worship Acolyte: Kayden CA: Ralph Sunday School 10-10:30am	3	4 9:15 - 10:15 am Staff Meeting Parish Nurse Office Open 9am - 12pm	5 7 pm 7-9 Grade Confirmation	6	7	8 <i>Baby Shower for Brooke Foerster at ULC from 11am-1pm</i>
9 Happy Mother's Day Quilt Sunday 9 am Worship Acolyte: Logan Sunday School Celebration!	10	11 9:15 - 10:15 am Staff Meeting Parish Nurse Office Open 9am - 12pm	12 7 pm 7-9 Grade Confirmation	13	14	15
16 9 am Communion Worship Acolyte: Jocelyn CA: Katie	17	18 9:15 - 10:15 am Staff Meeting Parish Nurse Office Open 9am - 12pm	19 Soul Shop Workshop Youth: 6-7:30pm Adult: 7:45-9:15pm	20 7:00pm Church Council Meeting	21	22
23 Graduation Sunday for ULC seniors 9 am Worship Acolyte: King	24	25 9:15 - 10:15 am Staff Meeting Parish Nurse Office Open 9am - 12pm	26	27	28	29 <i>Graduation Open House for Samuel Steele from 2-4pm</i>
30 9 am Worship Acolyte: Wyatt	31 Memorial Day Church Office Closed					

**May Altar Guild: Justine Anderson, Judy Cox &
Lisa Thorlakson**
*CA: Communion Assistant

United Lutheran Church
PO Box 398, 104 Bjornson Drive
Cavalier, North Dakota 58220
701-265-8907

United Lutheran Church

MAY



Anniversary

7	Niel & Linda Carik
10	Alan & Karen Crowston Mark & Mary Jo Ramsay
18	Paul & Diane Brown
25	Brian & Christal Schlecht
26	Eric & Eunice Dietrich
30	Ernest & Jacqueline Rusten

Birthday

1	Jeremy Mertz	10	Tiffani Byrd	18	Sigmund Einarson
	Kyle Nordstrom		Eric Dietrich	20	Leah Austfjord
	Gerald Trenbeath		Carson Savageau	21	Randall Meece
2	Jarret Johnson	11	Carol Beard		Emily Morton
3	Einar Erickson	12	Britta Rusten		Rhett Nelson
	Robert Vivatson		Vivian Vivatson		Brantley Olson
4	Winifred Crowston	13	Sara Crowston	23	Beth Peterson
	Laura Ermer		Jennifer Hatt	24	Brandon Briese
	DeeDee Helgoe		Katie Mahar		Elayna Hunter
5	Emily Anderson		Oliver Sagert	25	Matt Abrahamson
6	Ian Stegman		LaVelle Stegman		Aubrey Steele
7	Scarlett Kemnitz	14	Calvin Latozke	26	Nicole Smith
	Jorden Moe		Taylor O'Hara	27	Tom Askew
	Alisha Schulz	15	Ivy Kemnitz	28	Matthew Abrahamson
8	Alyx Wznick		Herman Ratchenski		Leona Defoe
9	Roberta Heller		Samantha Schweitzer	29	Ashtin Harildstad
	Kermit Rollefstad	16	Andrew Hay		Carsen Lindsay
	Kelli Vivatson	17	King Hageman		
			Karen Lindenberger		

**If your special date is missing or incorrect please notify the church office.*



**To Acknowledge your Memorial
and Honorarium Gifts**



In Loving Memory of Vernon Becker
Endowment Fund by Larry & Cindy DuBois
Undesignated by Pat Davidson
Endowment Fund by Darold & Ardella Johnson

In Loving Memory of Elizabeth Pollock
Sunday School Fund by Larry & Cindy DuBois
Undesignated by Pat Davidson
Endowment Fund by Darold & Ardella Johnson

In Loving Memory of Brayden Schwartz
Undesignated by Judy Steinke

In Loving Memory of Pattie Kiemele
Kitchen Fund by Niel & Linda Carik

Prayer Chain

Prayers may be requested for various needs within and beyond the congregation. Thanksgivings as well as supplications are also welcome. Call one of the following with your prayer request and we will activate the prayer chain. Please call back when a change occurs or if you wish prayer to be continued longer than 7 days.

Pastor Beth - 520-1380
bethp@polarcomm.com

Church Office - 265-8907
unitedoffice@polarcomm.com

Susan Vivatson - 265-4672
rsviva@polarcomm.com

Pat Davidson - 265-4498
davidsonpatricia37@gmail.com

Pat Morrison - 265-2165
dennism@polarcomm.com

Please keep in prayer the following area people who are currently serving in the armed forces:

**Tim Hines, Brett Nelson, Bill Thompson, Sandra Hines, Patricia Olson,
Captain Jacob Papenfuss**

United Lutheran Church
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Evangelical Lutheran Church in America

God's work. Our hands.

United Lutheran Church - Cavalier, ND
May 2021 Newsletter

**COVID-19
UPDATES**

In-Person Worship Sunday Mornings at 9 am

LIVE on United Lutheran Church Facebook Page

***Services are uploaded to the church website following worship
at cavalierunitedlutheran.org***

Sunday School:

In-Person Sunday School is from 10-10:30am for grades Pre-k - 6.

*****Please use the Remind app for all Sunday School information*****

Please use social distancing guidelines and wear a mask inside the church building.